One-Piece Dress

One-Piece Dress for the Older Woman

Materials: (Size 40.)

    30 oz. rayon and wool of 3-ply yarn.

    1 pair #3 standard needles.

    1 crochet hook #1 steel.

    1 yd. bias binding to match.

    1 buckle and clip for trim.

Gauge:

    7 stitches = 1 inch.

    10 rows = 1 inch.

Pattern for Skirt. K 1, * P 4, K 6, P 2, K 2, P 2, K 2, P 2, K 2 *, repeat between stars across row, ending P 1.

Row 2—K the K sts., P the P sts., keeping ribs uniform.

Back. Cast on 332 sts. Work in rib patt. Work even for 1¾ ins. (Decs. are made in P 4 and K 6 stripes every 10 rows.) Dec. in K stripes as follows: On next row, dec. in 1st, 4th, 7th, 10th and 13th K stripes. Work 10 rows even.

Next row—Dec. in 2nd, 5th, 8th, 11th and 14th K stripes. Work 10 rows.

Next row—Dec. in 3rd, 6th, 9th, 12th and 15th K stripes. Work 10 rows.

Now dec. in following P stripes: On next row, dec. in 1st, 4th, 7th, 10th and 13th P stripes. Work 10 rows.

Next row—Dec. in 2nd, 5th, 8th, 11th and 14th P stripes. Work 10 rows.

Next row—Dec. in 3rd, 6th, 9th, 12th, 15th P stripes. Work 10 rows.

Continue decs., alternating 3 K stripe decs. with 3 P stripe decs. once more. Repeat K stripe dec. (5 sts. dec.

in each 22-st. pattern—257 sts.). Work 10 rows even.

Next row—Dec. in 1st, 3rd, 5th, 7th, 9th, 11th, 13th and 15th K stripes. Work 10 rows even.

Next row—Dec. in 2nd, 4th, 6th, 8th, 10th, 12th, 14th K stripes. Work 10 rows even.

Next row—Dec. in 2nd, 4th, 6th, 8th, 10th, 12th and 14th P stripes. Work 10 rows even.

Next row—Dec. in 1st, 3rd, 5th, 7th, 9th, 11th, 13th and 15th P stripes. Work 10 rows even.

Continue decs. as above, once more. Repeat K stripe dec. once more (45 K 2 stripes and 45 P 2 stripes—182 sts.). Work 10 rows even between each dec.

* Next row—Dec. 1 st. in every 8th K stripe (5 sts. dec.). Work 10 rows even.

Next row—Dec. 1 st. every 8th P stripe (5 sts. dec.). Work 10 rows even.

Repeat from * once (162 sts.). Bind off.

Work front to correspond.

BLOUSE

Pattern. Row 1: through 10: Stockinette st.

Row 11—* K 12, K 2 tog., y.o. *, repeat between stars across row.

Row 12—P.

Row 13—* K 12, y.o., K 2 tog. *, repeat between stars across row.

Row 14—P.

Row 15—Repeat row 11.

Row 16—P.

Rows 17 through 26—Stockinette st.

Row 27—K 5, * K 2 tog., y.o., K 12 *, repeat between stars across row.

Row 28—P.

Row 29—K 5, * y.o., K 2 tog., K 12 *, repeat between stars across row.

Row 30—P.

Row 31—Repeat row 27.

Row 32—P.

These 32 rows complete pattern, which is used throughout.

Back. Cast on 128 sts. Inc. 1 st. each end of needle every 2 ins. twice. Work even until back measures 8½ ins., and bind off 3 sts. at beg. of next 2 rows, 2 sts. at beg. of next 2 rows. Dec. 1 st. each end of needle every other row 3 times. Dec. 1 st. each end of needle every 4th row twice. Work even until armhole measures 7½ ins., and bind off 4 sts. at beg. of next 18 rows. Bind off remaining 40 sts. for back of neck.

Front. Cast on 144 sts. Start pattern row.

Row 1—K 9, * K 2 tog., y.o., K 12, repeat from * across row. Continue with pattern. Inc. 1 st. each end of needle every in. 8 times. *At the same time,* when front measures 2 ins., place a marker at center sts. Inc. 1 st. each side of marker every K row by working a yarn over. Work this inc. 1 st. farther away from center st. every K row, making a V inc. (35 incs. each side of center). When work measures 7½ ins., divide sts. in half for front opening. Work one shoulder at a time, slipping remaining sts. on st. holder. Work 4 rows, and bind off 6 sts. at beg. of next 3 armhole rows. Then bind off 2 sts. at beg. of same edge twice. Dec. 1 st. at beg. of same edge every other row 3 times, then dec. 1 st. at beg. of same edge every 4 rows 5 times, every 6th row 5 times (80 sts.). When armhole measures 6 ins., place markers on 12th, 24th and 36th sts. from neck edge. Now K 2 sts. tog. over each of these 3 markers every other row 8 times (56 sts.). When armhole measures 7½ ins., bind off 5 sts. at beg. of armhole row 4 times, then 4 sts. 4 times. Work remaining 20 sts. for 2½ ins., and bind off. Pick up other shoulder, and work to correspond.

Sleeves. Cast on 80 sts. Work 6 rows in garter st. Change to pattern and inc. 1 st. each end of needle every 3rd row 14 times. Work even until sleeve measures 5 ins., and bind off 2 sts. at beg. of next 2 rows. Dec. 1 st. each end of needle every other row twice. Dec. 1 st. each end of needle every 6th row twice, then 1 st. each end of needle every 4th row 6 times, 1 st. every other row 10 times. Dec. 1 st. each end of needle every row 14 times. Bind off 2 sts. at beg. of next 4 rows. Bind off remaining sts. Work other sleeve to correspond.

Belt. With crochet hook, make a ch. 30 ins. long. Work 1 row S.C., work next row 1 S.C., ch. 1, * 1 S.C. in 3rd st., ch. 1 *, repeat between stars across row. Repeat last row until belt is about 1 in. wide. Work 1 row S.C. and break yarn. Fasten belt with buckle.

Finishing and Assembling. Slip-st. seams, sew tog. collar at back and sew collar around neck. Bind collar with bias binding. Insert sleeves into armholes. Join skirt and blouse, with 1 row slip st. At underarm seams at waist, make loops for belt by ch. 12, fasten off. Make 2 and insert at seam on either side.
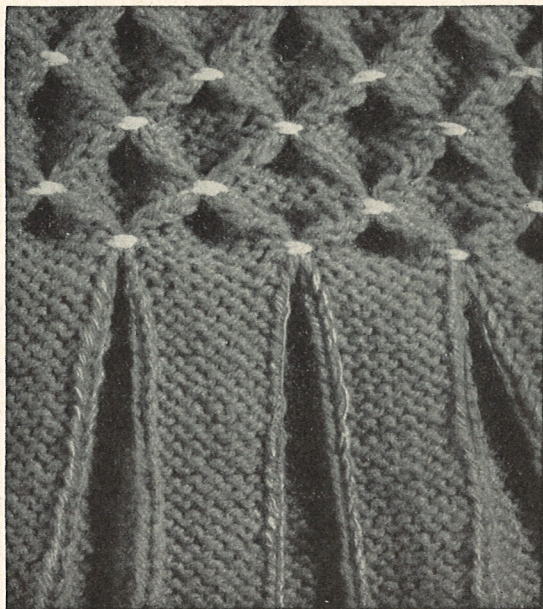
SMOKING ON KNITWEAR

In this type of embroidery, it is necessary to prepare for the smocking by planning the fabric in a knit and purl rib. It is particularly attractive for yoke effects in children's wear and bed jackets.
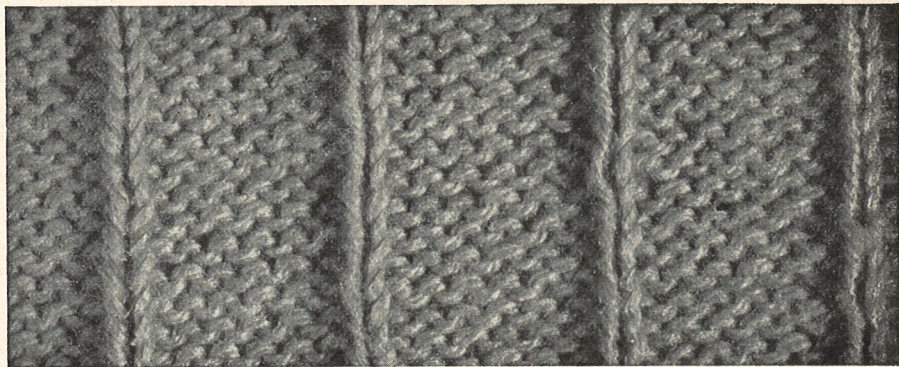
1. A suitable texture is made with P 6, K 1 in the first row, and P 1, K 6 in the return row. The side with the purled ground is the right side of the garment.

2. Gather up the material with tacking stitches, as in ordinary smocking, picking up the plain or knit stitch instead of transferred dots. The rows of tacking should be a little farther apart than is usual for cloth. Draw up the tacking threads, and proceed to work any kind of honeycomb smocking desired. Closer types of smocking are not suitable for knitted fabrics. They take up too much width of fabric, and the finished effect is too lumpy.